Cool Kids Resources for Counseling Programs

Schools subscribing to Cool Kids receive a User Name and Password to access the Cool Kids resources at www.coolkidschannel.com.

Counselors may use the resources for Guidance Lessons, System Support, and Responsive Services.

To use the resources:

1. Review this summary of resources and log on to review the resources.
2. Plan when and with what grades you will lead the Cool Kids lessons.
3. Decide what resources you would like to use for System Support.
4. Compile the resources you plan to use for Responsive Services in group and individual counseling.

Grade/ Month	Guidance Strand	Cool Kids Guidance Lesson	System Support	Responsive Service
	Self-confidence development	Confidence: video, discussion, role-plays, drawing activity, overview of skills for emotion-regulation, conflict-resolution	Posters on the Cool Rules

Morning announcement scripts on Confidence found in the "Coolcasts Morning Announcement Scripts" | Set student goals for behavior using the Cool Rule "Be Confident"

Use lessons as a series for group sessions or individual counseling

"Be Confident Think Sheet:" have student complete the sheet in which they think about positive thoughts they |
	Self-confidence development	How to Be Confident: K-2, Power Point, activity		
	Self-confidence development	Resilience with "Joe the Janitor:" video		
	Self-confidence development	Grades 3-4: How to		

		Handle Strong Feelings, Power Point, activity	Lead a lesson for an assembly	can have, ways they can be themselves and ways they can do their best
	Self-confidence development	Grades 5-6: How to Be Resilient, Power Point, activity	Play "Be Confident" Cool Rule song on the announcements	
	Self-confidence development	Grades K-2: How to Deal with Anger, Power Point, activity	Parenting tips about confidence and resilience	
	Self-confidence development	Dealing with Sadness: video, discussion, role-plays, drawing activity, overview of skills for emotion-regulation		
	Self-confidence development	Dealing with Anger: video, discussion, role-plays, drawing activity, overview of skills for emotion-regulation		
	Motivation to achieve	Goal-setting: video, role-play starters, handout, drawing activity	Posters on the Cool Rules	Set student goals for behavior using the Cool Rule "Get it Done"
	Motivation to achieve	Click Online Game: Goals for College and Career	Parenting tips about goals for college and career	Use lessons as a series for group sessions or individual counseling
	Motivation to achieve	Grades 3-4: How to Do Your Best: Power	Lead a lesson in an assembly	"Get it Done Think Sheet:" have student complete the

		Point, activity		sheet in which they think about a goal they want to achieve and steps to take to achieve that goal

Use the Cool Kids Click online game on setting goals in individual or group counseling |
| | *Decision-making, Goal-setting, Planning, and Problem-solving skills* | K-2: Goals for Learning with "Joe the Janitor:" video | Posters on the Cool Rules

Morning announcement scripts on decision making, goal-setting, planning, and problem-solving found in the "Coolcasts Morning Announcement Scripts"

Lead a lesson for an assembly

Play "Get it Done" Cool Rule song on the announcements | Set student goals for behavior using the Cool Rules "Stay Cool," "Work it Out," "Give Respect," or "Get it Done"

Use lessons as a series for group sessions or individual counseling

"Get it Done Think Sheet:" have student complete the sheet in which they think about a goal they want to achieve and steps to take to achieve that goal

"Work it Out Think Sheet:" have student complete the sheet in which they think about a problem to solve, |
	Decision-making, Goal-setting, Planning, and Problem-solving skills	Click Online Game: Self-control		
	Decision-making, Goal-setting, Planning, and Problem-solving skills	Behavior in the Cafeteria with "Joe the Janitor:" video		
	Decision-making, Goal-setting, Planning, and Problem-solving skills	Healthy Choices with "Joe the Janitor:" video		
	Decision-making, Goal-setting, Planning, and Problem-solving skills	Back to School with "Joe the Janitor:" video		
	Decision-making, Goal-setting, Planning, and Problem-solving skills	Grades 3-4: How to Be Organized, Power Point, activity		
	Decision-making, Goal-setting, Planning, and Problem-solving skills	Grades 5-6: How to Manage Time, Power Point, activity		

	Decision-making, Goal-setting, Planning, and Problem-solving skills	Making Good Decisions: the Cool Rules Across the Campus, handout, activity		brainstorm solutions, and choose the best solution Use the Cool Kids Click online game on self-control or setting goals in individual or group counseling
	Decision-making, Goal-setting, Planning, and Problem-solving skills	Grades K-2: How to Problem-solve: Power Point, activity		
	Decision-making, Goal-setting, Planning, and Problem-solving skills	Taking Tests: video, discussion, role-plays, drawing activity		
	Interpersonal effectiveness (including social skills)	Working on Group Projects with "Joe the Janitor:" video	Posters on the Cool Rules, Leadership, and Group Projects Morning announcement scripts on interpersonal effectiveness found in the "Coolcasts Morning Announcement Scripts" Lead a lesson for an assembly Play "Give Respect" or "Work it Out"	Set student goals for behavior using the Cool Rules "Stay Cool," "Work it Out," "Give Respect," or "Get it Done" Use lessons as a series for group sessions or individual counseling "Get it Done Think Sheet:" have student complete the sheet in which they think about a goal they want to achieve and steps to take to achieve that goal "Work it Out Think Sheet:" have student complete the
	Interpersonal effectiveness (including social skills)	Respecting Peers: video, discussion, role-plays, drawing activity		
	Interpersonal effectiveness (including social skills)	Cool Families: video, discussion, role-plays, drawing activity		
	Interpersonal effectiveness (including social skills)	Dealing with Disagreements: video, discussion, role-plays, drawing activity		
	Interpersonal effectiveness (including social skills)	Good Friendships with "Joe the Janitor:" video		
	Interpersonal effectiveness	K-2: Problem-solving		

	(including social skills)	with "Joe the Janitor:" video	Cool Rule song on the announcements	sheet in which they think about a problem to solve, brainstorm solutions, and choose the best solution
	Interpersonal effectiveness (including social skills)	Leadership with "Joe the Janitor," video, handout, activity		
	Interpersonal effectiveness (including social skills)	Grades 3-4: How to Build Strong Friendships, Power Point, activity		Use the Cool Kids Click online game on self-control or setting goals in individual or group counseling
	Interpersonal effectiveness (including social skills)	Grades 3-4: How to Work Well with Others, Power Point, activity		
	Interpersonal effectiveness (including social skills)	Dealing with Bullying: video, discussion, role-plays, drawing activity		
	Interpersonal effectiveness (including social skills)	Respecting Peers: video, discussion, role-plays, drawing activity		
	Interpersonal effectiveness (including social skills)	Click Online Game: Respect		
	Communication skills	Listening: video, discussion, role-plays, drawing activity	Posters on the Cool Rule "Give Respect"	Set student goals for behavior using the Cool Rules "Stay Cool," "Work it Out," or "Give Respect"
	Communication skills	"Joe the Janitor:" Keys to Listening: video	Morning announcement scripts on communication	Use lessons as a series for group sessions or individual
	Communication skills	Showing Appreciation		

		with "Joe the Janitor:" video, handout, activity	found in the "Coolcasts Morning Announcement Scripts"	counseling "Stay Cool," "Work it Out," or "Give Respect" Think Sheets: have student complete a sheet practicing communicating in different situations
	Communication skills	Class Presentations with "Joe the Janitor:" video, handout, activity	Lead a lesson for an assembly	
	Communication skills	Grades 3-4: How to Resolve Conflict, Power Point, activity	Parenting tips about communicating with children	
	Cross-cultural effectiveness	Respecting Differences: video, discussion, role-plays, drawing activity	Morning announcement scripts on culture found in the "Coolcasts Morning Announcement Scripts" Lead the lesson for an assembly	Set student goals for behavior using the Cool Rule "Give Respect" "Give Respect Think Sheet:" have student complete the sheet in which they think about how to respect differences Use the Cool Kids Click online game on respect in individual or group counseling
	Responsible behavior	Getting Work Done: video, handout, drawing activity, role-play starters	Posters on volume levels, behavior in the cafeteria, behavior in the hallways, and behavior in the	Set student goals for behavior using the Cool Rules "Stay Cool," "Work it Out," "Give Respect," or "Get it Done"
	Responsible behavior	How to Be Organized: Power Point, activity		

	Responsible behavior	K-2: Following Directions with "Joe the Janitor:" video	common areas	Use lessons as a series for group sessions or individual counseling
	Responsible behavior	Volume Levels with "Joe the Janitor:" video	Morning announcement scripts on responsibility found in the "Coolcasts Morning Announcement Scripts"	"Get it Done Think Sheet:" have student complete the sheet in which they think about a goal they want to achieve and steps to take to achieve that goal
	Responsible behavior	Behavior in the Cafeteria with "Joe the Janitor"		
	Responsible behavior	Walking in the Hallway with "Joe the Janitor"	Lead a lesson for an assembly	"Work it Out Think Sheet:" have student complete the sheet in which they think about a problem to solve, brainstorm solutions, and choose the best solution
	Responsible behavior	Behavior in the Common Areas with "Joe the Janitor:" video, handout	Play "Stay Cool" or "The Cool Rules" Cool Rule song on the announcements	
	Responsible behavior	Grades K-2: How to Be Responsible, Power Point, activity		Use the Cool Kids Click online game on self-control or setting goals in individual or group counseling
	Responsible behavior	Preventing Substance Abuse: video, discussion, role-plays, drawing activity	Parenting tips on substance abuse prevention and responsibility	
	Responsible behavior	Honesty: discussion, role-plays, drawing activity		
	Responsible behavior	Following Directions: video, discussion, role-plays, drawing activity		

	Responsible behavior	Click Online Game: Character		
	Responsible behavior	Click Online Game: Self-control		
	Responsible behavior	Click Online Game: Responsibility		