

## GPISD CARES



### Please help protect us!

# EMPLOYEE DAILY HEALTH SELF-ASSESSMENT

In the last 24 hours, have you experienced any of the following symptoms?

Fever of 100.0 or higher, possibly with alternating shivering and sweating.

#### Diarrhea

New cough

New trouble breathing, shortness of breath or wheezing

New chills

New muscle aches or sore throat

New loss of smell

New loss of taste or change in taste

IF you answered **YES** to any of the above, you may **NOT** enter the building today.



Contact your immediate supervisor and call our District Employee Reporting Line at 832-386-1090 if you:

- are lab-confirmed for COVID-19
- have been exposed to someone lab-confirmed for COVID-19
- experience COVID-19 symptoms

### TO HELP PREVENT THE SPREAD OF COVID-19:

- Wash your hands often with soap and water for 20 seconds or a hand sanitizer that contains at least 60 percent alcohol.
- Avoid close contact with people who are sick.
- Maintain a safe distance of at least 6 feet between yourself and other people.
- Cover your mouth and nose with a cloth face mask when around others.
- Cover your cough or sneeze into a tissue, then discard the tissue into the trash and wash your hands.
- Clean and disinfect frequently touched objects and surfaces daily.

WE ARE ALL IN THIS TOGETHER!